

Board of Directors

Dear Friends,

Ross Rentea MD,
President

Thank you for carefully considering this appeal of our Autumn Fundraising Campaign.

Mark Kamsler MD,
VP and Treasurer

We need your help or most of our research and other activities will have to stop.

Philia Kelnhofer,
Secretary

Please do us the favor and carefully read this page in its entirety.

Andrea Rentea MD

You might be interested in this story:

Gordon Edwards

A patient of ours was recently given an anthroposophical remedy called Oxalis 6x. This potentized herb (wood sorrel) was indicated by R. Steiner for enlivening/strengthening the etheric body. In general over the past years we had not seen much response from patients given this remedy. However, based on the research done at the Kolisko Institute a new form of this remedy was available and we decided to give the patient this new remedy. The patient reported that upon taking just six tiny pellets he felt "like water waves upon waves" were ascending in his body. The reaction was so powerful that he had to lower the dosage he was taking again and again until he got down to just one pellet!

Gene Gollogly

Jeremy Klapper MD

Mark Hancock MD

Paul Barratt MD

Tim Heath PhD

Should we stop research that can potentially lead to more remedies like this?

In the past several years we have been working on new methods for determining the efficacy of potentized remedies. (The direction for this research, potentially groundbreaking, had already been given by R. Steiner and L. Kolisko). Aside from obviously benefitting the future health of patients this research also helps to establish anthroposophic points of view in the general medical world. It allows us to show that anthroposophy can bring fresh, original work backed by hard data. (We have also had an intensive educational program but will concentrate here on the research activities.)

That this work continues is all the more important since recently throughout the world (literally, from Europe to the US) various open minded medical associations have shown an interest in finding out more about anthroposophic medicine. Now is the time to "put our best foot forward".

And yet sadly, just now when these activities are needed most, due to a lack of funding, our "hard data" generating experiments, and other programs are threatened to come to a halt. This is all the more troublesome since the Kolisko Institute, a non -profit organization, is perhaps the only such anthroposophic research performing institution in the US.

Due to our financial situation we have had to let valuable co-workers go, not been able to buy much needed equipment, ingredients and more. Due to the ongoing help of the True Botanica company we are of course maintaining our facility, covering overhead, and very importantly continue our educational programs but are unable to actively perform our core experimental work.

Here is a presentation of our main projects and their fate for the future if we cannot secure sufficient funding.

Current activities	Fate in the future if no sufficient funding
Experiments- Bio-Medical	
Kolisko Germination of Seeds- to determine the efficacy of potentized substances	To be Canceled
Studies of Salts and Ashes in plants and minerals	To be Canceled
Microscopic studies of Kolisko plasma experiments (proposed)	To be Canceled
Droplet evaporation studies (proposed)	To be Canceled
Clinical studies on the efficacy of anthroposophical remedies (proposed)	To be Canceled
Educational Programs	
Webinars	To be continued
National Workshops	To be Canceled
Website, Blog communications,	To be continued
Publishing educational materials	To be continued
Kolisko Annual Fall Conference in Wisconsin	To be continued
Social Activities	
Dispensing of free remedies	To be Canceled

The above table does not, of course, even begin to describe the effort and content that went into the categories mentioned.

To show that

- potentized remedies can actually be objectively assessed (we have done this for over one hundred);
- potencies can be shown to respond to planetary constellations (performed for silver);
- the salts and ashes of plants (components that R. Steiner called the representation of the Ego of the plant) can be demonstrated to be as unique to each plant and used in the making of remedies (done for dozens of root herbs and recently specifically for astragalus);
- our nationwide trips are attended by hundreds of lay people and professionals;

is no small reason for celebration and cause for sadness if it should stop.

To emphasize only one aspect of our work, we consider it highly significant that the Kolisko method of Validation of potentized remedies is setting new possibilities for the proving of such remedies, possibilities that come out of the work of anthroposophy. These methods are available to all interested researchers or companies.

But here are some of the real costs involved.

All of our activities, whether they are research, or travels for out of town workshops, or maintaining the website with its constant updates, etc, etc, are extremely time and labor intensive.

Here are just a few examples:

1. **A single “Kolisko Validation Experiment”**, f. ex. testing the behavior of 30 potencies of one substance under a particular constellation:
 - Materials: seeds (approx.. 10,000!), plus ingredients, filter paper, pipettes, other materials;
 - Labor: 40 – 50 man hours (some volunteer work, other time at \$15-\$20/hour);
 - Interpretation, put on website, communicate results, etc
 - **Total cost (estimate): \$ 1,500**
2. Give a **weekend workshop** to educate the public on anthroposophic medicine, to increase the number of potential friends and donors. The costs:
 - Travel costs including: air fare, hotel, food, rental car
 - Announcements, time spent on outreach, etc
 - **Total est. cost: \$1,000**
3. **Maintaining the Kolisko website with store component**
 - Yearly costs: approx. \$500



Figure 1. Dr. Andrea Rentea being proud of the blue cobalt glass containers for potentized remedies. The blue color protects the vitality of the remedy.



Figure 2. Dr. Mark Kamsler demonstrating an ashing experiment of Astragalus

4. **Purchase of needed new equipment**
 - Microscope \$3,000
 - Additional ongoing laboratory supplies \$2,000
5. **Kolisko laboratory assistant- perhaps the most vital item!**
 - **Annual salary with minimal benefits approx. \$40,000**



Figure 3. Workshop of Dr. Ross Rentea in Decatur, GA

Not included in the cost estimates above are the running costs on an ongoing basis like rental of laboratory space (\$1100/month), janitorial services, etc.

Not added are the literally thousands of “in kind” hours put in by the board members and co-workers. Not added are the products and other services granted by the True Botanica Company.

(We have been asked what our more comprehensive vision for the future would be. The answer could be to establish a US cell laboratory that could do reproducible, comprehensive studies. Such an endeavor would run at a minimum \$300,000 yearly with a guarantee of funding for 5 years minimum. We dream for the future but let's all concentrate for the next step for now!)



Figure 4. "Grand Finale" of the Annual Kolisko Conference in Hartland Wisconsin. Every participant takes home an anthroposophical remedy made during the conference.

Your help is needed now more than ever. Would you please join in!

We are at a crossroads. Your donation is essential. Our fundraising efforts in the last year have resulted in approx. \$20,000 and yet as you can see even a modest operating budget would be approx. \$65,000.

Of course this last mentioned sum would cover only the absolute essentials- and at that year after year. (Valuable trained laboratory assistants cannot be let go and then casually called back at a future time.)



Figure 5. Eurythmist Mary Ruud performing at the Kolisko Conference.

Here are some ways you can help us:

**To begin with there is even a “no cost” but really significant help you can give.
Even just sending an email and writing “Yes, I support” is already a huge deed!**

(Grant giving Foundations and other associations assessing the seriousness of the Institute look carefully to see the interest of the Community in this matter. Even being able to show that our communications are followed regularly is crucial in gaging the level of potential participation in our work. Also it would be very helpful if as many friends as possible would sign up for the [free newsletter](#) on the Kolisko website, www.koliskoinstitute.org.

We would be grateful for your generous donation!

The easiest way to [donate](#) is through the PayPal or the Credit Card option on our [website](#).

(You can of course also write and mail in a check, made payable *Lili Kolisko Institute*).

You can make a onetime or a regularly repeating donation!

Please help to the extent you are able. We are grateful for any amount no matter how small.

May we suggest though an amount approximating the income of one or more of your work days (annual income divided by 365 multiplied by as many days as you see fit).

You may also choose to specifically fund a particular experiment, a particular educational project or our social activity. Thank you!

All donations are tax deductible.

Let us know if you or your institution, trust, etc would like to be mentioned by name for your contribution- with or without the amount of your donation.

There are other ways of course to participate and show your support. On the website under “[Donate](#)” several of these ways are described. There are also more intangible but critically important options: referring other friends and colleagues to us; **helping us with your connections to grant giving organizations**; and more. Please do not hesitate to call us and discuss your thoughts with us.

Thank you for your help to the Lili Kolisko Institute.

And yes, thank you to all who have already always support us - but more friends are needed.

Sincerely yours,

For the Board,

Ross Rentea MD, Mark Kamsler MD, Andrea Rentea MD